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## DREXEL R-IV SCHOOL Home of the Bobcats

## FOR IMMEDIATE RELEASE

Monday, September 25th, 2017 Terry Mayfield Drexel R-IV School District (816) 657-4715 tmayfield@drexelbobcats.net

## Drexel R-IV School District to offer Second Chance Grab-N-Go Breakfast starting October 3rd, 2017

Drexel, MO - Drexel R-IV School is slated to offer Second Chance Grab-N-Go breakfast beginning October 3rd, 2017. In the past, students who wanted to eat breakfast had to arrive at school early and eat in the cafeteria. Many students are unable to get to school early due to hectic morning schedules. In addition to serving breakfast before school, the new breakfast model will offer nutritious meals to all students between first and second hour every school day.

According to the Food Research & Action Center's "Breakfast for Learning," a growing body of research shows that students who experience hunger have poorer cognitive functioning and are less able to succeed academically. In addition, absenteeism, tardiness, and visits to the school nurse are more common among students with hunger. Offering school breakfast not only improves the health and well-being of students, but it also supports the school learning environment. With this alternative breakfast program, Drexel R-IV will be better able to meet the needs of more students on a regular basis and improve its performance as a school.

Drexel R-IV wants to inform the community as this transition begins. Moving forward, the district anticipates that participation in school breakfast will increase and the learning environment among the school community will improve.

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